

## Sunapee Food Pantry Needs

In addition to non-perishable food items such as; Soups  
Muffins/Bread Mixes  
Baked Beans  
Pasta  
Pasta Sauce  
Rice  
Oatmeal  
Cookie/Brownie Mix  
Peanut Butter  
Jelly  
Cold Cereals  
Juice boxes  
Saltines  
Crackers-snack

We have an *urgent* need for essential items, which are not available to purchase with food stamps. Some of those items include;

Laundry Detergent & Softener  
General Household Cleaners  
Tampons

For those who have pets to raise their spirits and provide companionship..... we have *NO* pet food currently in stock.

### **Grocery gift cards are always welcome in any denomination!**

Clients to purchase perishable items (which we do not stock in our pantry) can use them or we can use them to help fill-in when pantry shelves get thin.

Concerned about clients abusing cards? Some area stores can stipulate that no alcohol or tobacco is to be purchased with the card.

Thank you so much for helping out the Sunapee Food Pantry in the past and for your continued support to those in our community who are in need!

Laura Trow